



L-Alanine Powder

Stock no:
NS6130-12-000483

CAS:
56-41-7

Quick Facts

Product	: L-Alanine Powder
Stock No	: NS6130-12-000483
CAS	: 56-41-7
Form	: Powder
Purity	: 99.9%

Alanine is a non-essential amino acid that can be produced in the body. Alanine is the second most abundant amino acid in muscle tissue after Glutamine. Alanine can be obtained via the diet. Rich sources include beef and fish. BULK POWDERS™ L-Alanine is comprised of 100% L-Alanine powder

Molecular Formula	Molecular Weight	Density	Melting Point
C ₃ H ₇ NO ₂	89.09 g/mol	1.42g/cm ³	316 °C

Benefits of L-Alanine

- ✓ L-Alanine can also function as an inhibitory or calming neurotransmitter in the brain.
- ✓ Alanine has been shown to stimulate the immune system.
- ✓ It may also help stabilize the blood glucose levels in people with hypoglycemia.
- ✓ Plays a role in the glucose-alanine cycle
- ✓ Second most abundant amino acid in muscle tissue
- ✓ Can be added to pre and intra workout drinks

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